



PRINCIPALS BLOG

A weekly update on everything at New Lambton South Public School

TERM 2 WEEK 2

30TH April 2021

DATES TO REMEMBER

Term 2

MAY

- 3RD PSSA SOCCER GALA DAY – SPEERS POINT
- 7TH OPPORTUNITY CLASS APPLICATIONS CLOSE
- MOTHERS DAY BREAKFAST
- PSSA BASKETBALL KNOCKOUT
- STAGE 3 SPORT
- PSSA SPORT
- MOTHERS DAY STALL
- 11TH NAPLAN - YEARS 3 & 5
- 12TH NAPLAN - YEARS 3 & 5
- 13TH NAPLAN – YEARS 3 & 5
- 14TH DEBATING
- PSSA SPORT
- STAGE 3 SPORT

FROM THE PRINCIPALS DESK...



With the easing of some COVID restrictions our school canteen are now seeking a few volunteers to assist with the preparation of daily orders.

Our canteen not only caters for our own children we also supply lunches to several other local school.

Volunteers can nominate to help either weekly/fortnightly or monthly from 9.15am – 12.15pm

If you are able to assist please pop into the office to complete some paperwork. Kylie will then be in touch with a roster for the limited positions.



NEW LAMBTON
DISTRICT

OOSH REMINDER

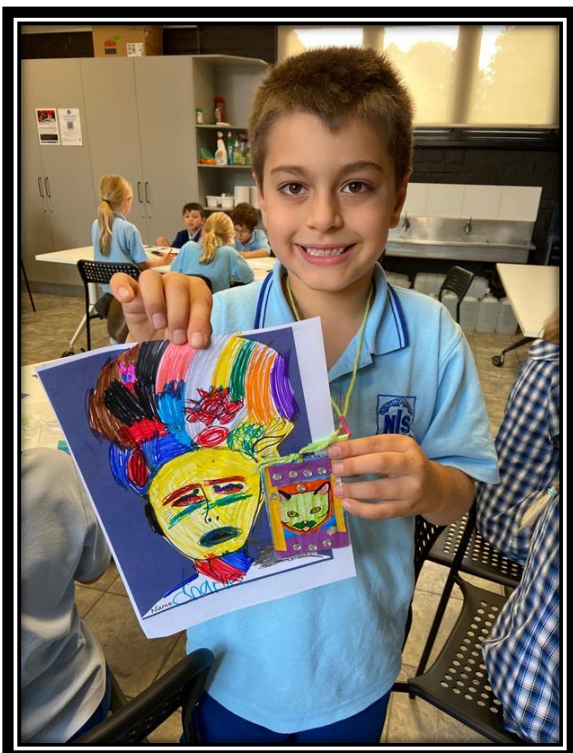
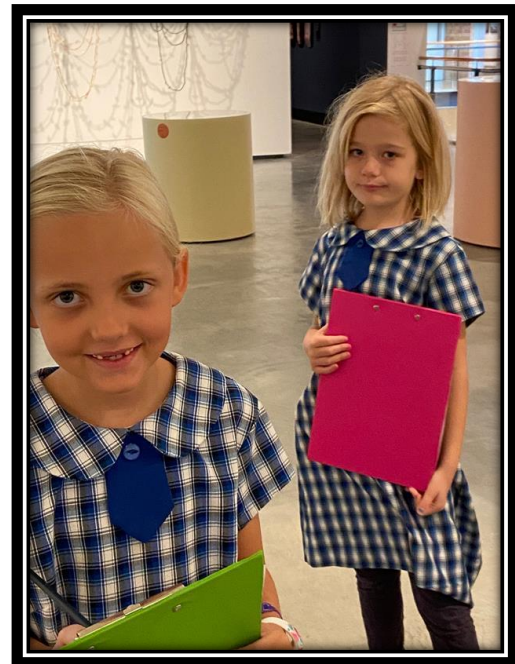
If your child is booked in to attend OOSH of an afternoon and are absent from school or collected early, please remember to contact OOSH on **4957 3480** and let them know your child will not be attending.

YEAR 2 ART GALLERY VISIT



Year Two students were excited to travel to Maitland Regional Art Gallery on Wednesday to view a variety of exhibitions and observe how artists interpret the world we live in.

Regularly in art lessons we observe how artists create but it is a unique experience to be up close to see the original art form. The inviting nature of the gallery allowed students to also create their own artworks based on images from Art Express – a showcase of year 12 HSC Artworks and Made/ Worn the Australian Contemporary Jewellery.





NEWCASTLE TEAMS CHALLENGE MATHS

Next week a number of our students will be participating in the Newcastle Permanent Mathematics Teams challenge. Our school has been invited to participate due to our recognised high performance in mathematics over years. The team will compete in a range of tasks involving problem solving creative thinking in mathematics.

EXECUTIVE DIRECTOR VISIT

On Tuesday the Executive Director, Mr Tim McCallum will be visiting the school. He will be looking at a range of things including our best practice approach to teaching mathematics, our capabilities framework as well as visiting a some of our classrooms.

11 STUDENTS AT HSPA

This week we had 11 students audition for 2022 placement at Hunter School of the Performing Arts. Students auditioned in Dance, Drama, Vocals and Instrumentals! We certainly have a creative group of kids at the moment!

Part 4: The Resilience Project: Mindfulness.

This weeks' presentation from [The Resilience Project](https://theresilienceproject.com.au) is all about Mindfulness.

Mindfulness is about practising a moment-to-moment awareness of thoughts, feelings, bodily sensations, and surrounding environment – with curiosity, and without judgement.

Thousands of studies have proven benefits include reduced stress, reduced rumination, increased memory, increased cognitive function and physical health benefits through improved immunity.

View Part 4: Mindfulness of the series here: <https://theresilienceproject.com.au/parent-and-carer-hub/>

Mindfulness can be practiced through meditation, yoga, flow-states and daily activities such as cooking.

Source: [UC Berkeley](#), [Greater Good Science](#), [American Psychological Association](#)

For mental health resources and support information, visit [The Resilience Project's Support Page](#).

Mindfulness

Our ability to be calm and present at any given moment. We practice this through slowing down and concentrating on one thing at a time. This could be our breathing, completing a colouring sheet or noticing the noises we can hear.



GO2 PROGRAM

Our GO2 Program is back in full swing. This program allows students to identify a staff member of their choice that they feel particularly comfortable with and that they can discuss issues with. The school dedicates time every fortnight for students to approach their Go2 teacher in the playground if they need.

MOTHERS DAY BREAKFAST



APPLICATIONS FOR YEAR 5 OPPORTUNITY CLASS PLACEMENT IN 2022

Year 4 students have received an Intention to apply form for placement in the Opportunity Class in year 5 2022. Information was also emailed out via Operoo.

Online applications open on Tuesday 20th April and close Friday 7th May. Parents must apply online using the following link: <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5>

Please remember the intention to apply form is not your application. This is simply used to notify the school of your intention to apply for the Opportunity Class.

YEAR 3 AND 5 EQUATING STUDY

A selected group of students took part in the NAPLAN equating study this week. The equating tests are completed each year to gauge the fairness, reliability and validity of the following years NAPLAN assessment.

MEG PAYS A VISIT

We have recently engaged the services of a therapy dog to visit our classrooms. Meg has been approved as a therapy dog since 2019 however COVID slowed her visits.

The students love having her visit the classroom and we look forward to having her back each fortnight.



PSSA SPORT UPDATE

Netball Update

Our netball teams were very excited to be playing their first games for the season today. Everybody displayed terrific sportsmanship and determination. They represented our school with pride and excellence and played the game with great enthusiasm. I'm very proud of them all. Well done everyone!

Scores

Juniors vs New Lambton Black – 2 – 1 to New Lambton

Seniors vs New Lambton Black - 10 – 6 to New Lambton South



Soccer Update



Juniors

The kids were very excited to play their first game. I was very impressed with how they played and the level of skill they all showed. The score was a very convincing win and a great start to the PSSA matches.

Seniors

The boys and girls in this team were confident going into the game and this was evident from the start. There was a lot of good team work on display which culminated in some very nice goals scored. Similar to the Junior team, the score line was very convincing and the team are already looking forward to next Fridays match.

Book Club LOOP

LOOP is the Scholastic Book Club Linked Online Ordering & Payment platform.

It's easy to order and pay online for your child's Book Club order using your credit card. If your school is not yet in the **LOOP**, speak with your school's Book Club Organiser.

Head to [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP)

or



Follow these **easy** steps!

1 Simply grab your child's Book Club catalogue and either **SIGN-IN** or **REGISTER** your account.

2 Add your child's first name and last initial (so the school knows who the book is for), then select your **SCHOOL** and your **CHILD'S CLASS**.

Note: You can order for multiple children at once if they attend the same school.

Looking for **MORE** product information? Additional content such as videos and downloads are available for select titles. Select your issue and enter the item number to view information on titles and some great resources, such as videos and reviews.

[HOME](#) | [ABOUT](#) | [REGISTER](#) | [HELP](#)



LOOKING FOR MORE PRODUCT INFORMATION?

7

Item No.

FIND

3 Click on **ORDER** and enter the item number from the Book Club catalogue.

4 All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date.

That's it! There's no need to return paper order forms or payment receipt details to your school.

 SCHOLASTIC



BOOK CLUB INFORMATION

Your child should have brought home a Scholastic Book Club catalogue ISSUE 2 this week. If not, please ask your child's teacher for a copy. The school receives 20 percent in points for all orders and these points are used to purchase more books and/or reading resources for the school.

All orders are completed online through Book Club Loop and the instructions are in this newsletter.

Book Club is renowned for selling books at a very competitive price.

**ALL BOOK CLUB ORDERS NEED TO BE PAID
ONLINE BY SUNDAY MAY 9**



P AND C NEWS –

Our P and C will be running a Mothers Day Stall next Friday. More information will be sent to families on Monday. Students love purchasing a little gift for their special person and it's a great way to support our P and C.





THE STAFF OF NEW LAMBTON
SOUTH WOULD LIKE TO INVITE
YOU TO ATTEND AN
INFORMATION SESSION ON



WHAT TO EXPECT IN KINDERGARTEN

THESE INFORMATION SESSIONS WILL COVER THE FOLLOWING
TOPICS:

- WHAT TO EXPECT IN THE EARLY WEEKS OF
KINDERGARTEN
 - WHAT DO PARENTS NEED TO DO
 - HOW CAN THEY BE PREPARED
- WHAT DO WE EXPECT OF YOUR CHILD
- THE VITAL ROLE OF PRESCHOOL

SESSIONS WILL BE HELD IN THE SCHOOL HALL ON
6TH MAY - 9.30AM - 10.30AM & 5.30PM - 6.30PM
13TH MAY - 9.30AM - 10.30AM & 5.30PM - 6.30PM

This session is open to all preschool parents
and educators regardless of where your child
is to attend kindergarten.

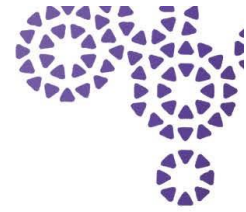
Please contact our school office on 4957 1168 to confirm your attendance.

New Lambton South Public School
45 St James Road New Lambton



Have a great weekend..

Mr Pryce
Principal



STAYING CONNECTED WHEN EMOTIONS RUN HIGH

AN INTERVENTION FOR FAMILIES, FRIENDS AND CARERS FREE WORKSHOP

Date: Friday 28 May

Time: from 845am (sign in) commence 930am – 3.45pm

Venue: Kahibah Sports Club - 63 Kenibea Ave, Kahibah NSW 2290

EVENT OVERVIEW

This FREE workshop will provide carers with additional communication skills to support someone (between 12yrs to 100yrs) who experiences any of the following:

- Has relationship difficulties
- Demonstrates changing emotions and strong overwhelming feelings that can make communication difficult
- Sometimes behaves in a way that makes them a danger to themselves or others

These symptoms can be experienced in those with mental health issues, drug and alcohol dependence, developmental and learning disorders.

FACILITATORS

Dr Annemaree Bickerton

(Child, Adolescent and Family Psychiatrist)

Toni Garretty

(Clinical Coordinator Family and Carer Program
Illawarra and Shoalhaven Mental Health Service)

RSVP & DETAILS

RSVP: <https://events.humanitix.com/staying-connected-when-emotions-run-high>

Morning tea and lunch will be provided.

For further support or information please contact:

Debbie Dunn

debbie.dunn@onedoor.org.au

One Door. Many Opportunities.

onedoor.org.au

0466 560 233

